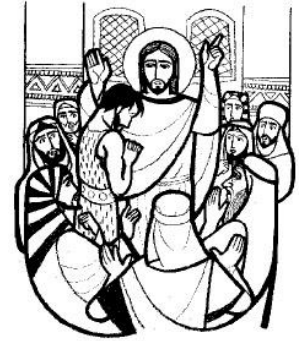


THANK YOU FOR YOUR GENEROUS DONATIONS TO THE CATHOLIC RELIEF SERVICES (CRS) for the victims of the massive earthquake in Haiti. We have sent the Diocese almost \$5,000.00.

If you haven't gotten to donate yet and would like to; contributions can be sent to the Pastoral Business Office at 2830 E. South Street Duluth, MN 55812 and will be forwarded to CRS or call 1-877-HELP-CRS or go online at www.crs.org or send a check to Catholic Relief Services, P.O. Box 17090, Baltimore, MD 21203-7090. In the memo portion of your check, please write: Haiti Earthquake.



KEEP FAITH—Thank you for your generosity in last week's Collection for the Church in Latin America! Your generosity has made a difference by funding pastoral programs that will nurture the faith and strengthen the Church. Thank you for **keeping faith with the Church in Latin America**. To see where your donation is making a difference, visit www.usccb.org/nationalcollections.

2009 CONTRIBUTION STATEMENTS—When you use your Sunday Collection Envelopes your donation is recorded and an end of the year statement is prepared for you. Donations that are made with checks without envelopes are recorded too. The contribution statements will be in the mail this week. Feel free to contact Pete at the parish office if there are any discrepancies. He can review and print a new statement if needed.

WALKER AREA FOOD SHELF—Last year, the Walker Area Food Shelf served 93 NEW families and distributed 113,318 lbs. of food to the hungry in our community. Most of this food is purchased from Second Harvest in Grand Rapids with donations from people like you. The Food Shelf's Annual "March Campaign" fundraiser will be coming up soon. **Also, thank you to the following parishioners from Sacred Heart and St. Agnes who volunteered to work at the Food Shelf during January:** Jean and Gary Weber, Nan Blome, Harriet Nerad, Dale and Gloria Theisfeld, Mary and Phil Casperson, Steve and Audrey Mascore, Doug Aird, Jean and Ed Haefner, MJ and John Warren. Numbers of clients were down (due to storms/cold weather?) but we managed to hand out a lot of cereal, canned fruit, vegetables and pasta. **We are still in need of blankets and are also asking for shampoo.

WEDNESDAY EVENING ECUMENICAL PRAYER SERVICES WILL BEGIN ON ASH WEDNESDAY AT 7:00 P.M. IN HACKENSACK. The locations will be United Congregational, St. Paul's Lutheran and Sacred Heart Catholic churches with the clergy of all three churches taking turns preaching. Father Bruce Engen being our representative. A soup & sandwich dinner follows each prayer service. See next week's bulletin for the full schedule of dates, times, and locations.



A QUIZ FOR HUSBANDS—Does your wife remember what you gave her for Valentine's Day? Do you? Why not do something really special and give each other the gift of a satisfying and intimate relationship?

The next two Marriage Encounter weekends are March 19-21 and May 14-15. Call Alan & Missy Block at 320-259-4444 or 888-455-3496 or visit www.wmesection8.org

This Week's Schedule of Events

Saturday	WEEKDAY IN ORDINARY TIME	1/30
Hackensack	4:00 p.m. Mass—Roman & Lillian Meuwissen	
Walker	5:30 p.m. Mass—Intention for Nina Burke	
Sunday	FOURTH SUNDAY IN ORDINARY TIME	1/31
Hackensack	8:30 a.m. Mass—Intention for Laura Mohr	
Hackensack	9:30 a.m. Coffee Social—All are welcome!	
Walker	10:00 a.m. Mass—Intention for Mickey Jones	
Walker	11:00 a.m. Coffee in Social Hall—All are welcome!	
Monday	CONVERSION OF SAINT PAUL	2/1
Hackensack	2:00 p.m. Sacred Heart Rosary Prayer Group	
Walker	6:30 p.m. Women's Prayer Group	
Tuesday	PRESENTATION OF THE LORD	2/2
Hackensack	4:00 p.m. Eucharistic Adoration	
Wednesday	WEEKDAY IN ORDINARY TIME	2/3
Walker	8:30 a.m. Release Time (Grades 1st-3rd)	
Hackensack	10:00 a.m. Craft Wednesday	
Walker	1:30 p.m. Release Time (Grades 4th-6th)	
Walker	5:30 p.m. Youth Ministry Night	
Thursday	WEEKDAY IN ORDINARY TIME	2/4
Walker	7:30 a.m. Men's Cursillo Meeting	
Friday	SAINT AGATHA	2/5
Saturday	SAINT PAUL MIKI & COMPANIONS	2/6
Walker	2:00 p.m. Sacrament of Penance	
Hackensack	3:30 p.m. Sacrament of Penance	
Hackensack	4:00 p.m. Mass—Intention for Ralph E. Hackman	
Walker	5:30 p.m. Mass—Intention for Gary Kemp Family	
Sunday	FIFTH SUNDAY IN ORDINARY TIME	2/7
Hackensack	8:30 a.m. Mass—Intention for Derek Henning	
Walker	10:00 a.m. Mass—Intention for Pat Moore	
Walker	11:00 a.m. Coffee in Social Hall—All are welcome!	

Weekday Masses can be attended at St. Edward's in Longville on Monday, Tuesday, Wednesday, and Friday at 8:30 a.m. or St. Paul's Church in Remer on Thursday night at 6:15 p.m. For more information call the St. Edward & St. Paul's parish office at 218-363-2799.

St. Agnes Music Ministry—Volunteers Needed Contact the parish office A.S.A.P. if you may be able to help with the music ministry program. For example: learn to run the Clavinova; be a song leader; and/or play a musical instrument such as a guitar or piano.

Upcoming Events

Key: S.A. = St. Agnes & S.H. = Sacred Heart

February

- 08 Rosary Prayer Group at 2 p.m. at S.H.
- 08 Pastoral Council Mtg. at 5:30 p.m. at S.A.
- 09 Faith Formation Presentation at 6 p.m. at S.H.
- 10 Craft Wednesday at 10 a.m. at S.H.
- 10 55+ Driver Improvement 4 Hr. Refresher Course—Noon to 4 p.m.—at S.H.
- 10 Diving Deeper at 3:30 p.m. at S.A.
- 11 55+ Driver Improvement 8 Hr. Full

Please keep in your prayers....

- ✚ Please pray for Patsy Jones as she is in the cities recovering from shoulder surgery.
- ✚ Kathy Ihrke, who is in hospice at home and thankfully receiving good care.
- ✚ Kathy Green, who is in St. Benedicts Center in St. Cloud to recover from a recent medical condition. For information on calling, visiting, or writing her please see the bulletin board in the St. Agnes Narthex.

The Women's Lamb of God Prayer Group—will meet Monday, February 1st at 6:30 p.m. at St. Agnes in the Social Hall. Please bring your Bible and join us. Contact: Rosemary at 547-1509.

SACRED HEART INFORMATION—If you are homebound and would like Holy Communion brought to you; please contact Joanne Johnson. at 675-6876 or Joan Rueter at 682-2324.

Last Week's Collections  

	January 23rd & 24th	
	Walker	Hackensack
Plate:	\$282	\$99
Envelope:	\$1,464	\$629
Haiti Support		
Totals To Date:	\$1,864	\$2,880
Latin America:	\$85	239
St. Agnes Building		
Balance Remaining:	\$299,345.64	

YOUTH ANNOUNCEMENTS FOR

YOUTH MINISTRY NIGHT

Wednesday, February 3rd—5:30-7:15 p.m.
All Grades 7-12 Welcome

We will be having a Youth Ministry Night full of games and music all while building a strong Catholic community. We will have a light supper available from 5:30-6:00 p.m. We will start the Ministry activities at 6:00 p.m. We would love to see you there! For questions contact Anna.

DIVING DEEPER

February 10th 3:30-5:00 p.m. Pre-school-3rd grade

TOBIT: FEBRUARY 13-15, 2010

Permission forms and information about TOBIT is on the Youth bulletin board. Please take a look at this information. TOBIT is a Theology of the Body Immersion for Teens. This weekend includes winter fun activities such as broomball, snow tubing, a bonfire, Mass, Adoration, small group discussion, great music, and practical introduction to the Theology of the Body designed and presented to speak to the lives of teens today. Check it out...it is going to be a wonderful weekend! "May I honor you all the days of my life"
Tobit 10:14



ALTAR SERVERS NEEDED

Thank you for the quick responses to fill our calendar for December. If your child is interested in being an altar server in February, please put their name next to the appropriate date on the sign up sheet located on the youth bulletin board. For questions, please contact Jennifer.

CONFIRMATION MASS—will be on Saturday, March 20, 2010 at 4 p.m. at Sacred Heart in Hackensack.

For questions, ideas, or comments on activities for our youth, contact Anna Frost or Jennifer Arnold at the parish office 218-547-1054, or e-mail us at:

anna@walkercatholic.org or
jennifer@walkercatholic.org

FAITH FORMATION PROGRAMS—It is the Year of the Priest, so the programs will be area priests speaking about their personal priesthood—their background, interests, calling, etc.

The next program will be on Tuesday, February 9, 2010 at Sacred Heart Church in Hackensack with Adoration at 4 p.m. followed by a potluck dinner and Fr. Dwayne Pribula from Our Lady of the Pines parish will speak about his vocation to the priesthood. If you would like a ride to this event please call: John & MJ Warren at 547-2865 or Clarence & Joan Rueter at 682-2324.

If you have someone in need of prayers... call Betty Meeks at 547-1347 or (alternate) Zola Bleth, at 547-2239 to be put on the St. Agnes prayer chain. If you would like to be part of the prayer chain there is a sign up sheet in the Narthex at St. Agnes.

SENIOR DRIVER IMPROVEMENT PROGRAMS AT SACRED HEART IN HACKENSACK

- February 10th**
4 Hr Refresher Course Noon to 4 p.m.
- February 11th**
8 Hr Full Course 9 a.m. to 5:30 p.m.
- March 3rd** 4 Hr Refresher Course Noon to 4 p.m.

These Driver Improvement courses are open to the public; and pre-registration is required. You are not asked for your driver's license number; the Department of Public Safety or the MN Highway Safety & Research Center does not require it.

A MN Highway Safety & Research Center "certified" instructor teaches this class. Driver safety, confidence, and comfort are enhanced by utilizing the most up-to-date research in the field, including the latest visual scanning and steering techniques, anti-lock braking (ABS) skills, airbag information, driver distraction, road rage and new vehicle technology.

The 4 Hr. Refresher course is \$20 and the 8 hour full course is \$24. Persons age 55 and older who complete the course qualify for a ten percent discount on their auto insurance premiums for three years, according to Minnesota law. Repeat persons are required to take a four hour refresher course. For more information or to register call TOLL FREE 1-(888)-234-1294.

Pat Doughty will be scheduling St. Agnes liturgical roles for March 2010 through June 2010. Please get all scheduling conflicts to her by February 8th either by phone: 547-1771 or email: pdoughty@arvig.net.

2010 CONTRIBUTION ENVELOPES—are available in the church narthex for you to pick up. If you do not see a box with your name on it and would like us to prepare one for you, please call the office at 547-1054.

GRIEF SUPPORT GROUP

WHEN: First Tuesday of each month

TIME: 2:00 to 3:30 p.m.

WHERE: Hope Lutheran Church in Walker

FACILITATORS: Bob Light; Hospice Chaplain
Laurel Hed; Social Worker

Anyone is welcome to attend who has experienced a death of a friend, family member, loved one. Call Laurel at 218-237-5744 for questions.

SINGLE, CATHOLIC WOMEN, AGES 18-45: Those who are seeking help in discerning God's will for their lives and would like to learn more about discerning a possible call to religious life are invited to a free weekend discernment retreat from Friday evening February 12 till 1 p.m. Sunday, February 14, 2010 at St. Scholastica Monastery in Duluth. The weekend will include sessions on prayer, guidelines for discerning a religious vocation, the various opportunities available, plus the opportunity to interact with professed sisters and women in formation.

There is no charge for the weekend, but registration is required by February 10, 2010. To register or for more info. contact Sr. Mary Catherine at 218-723-6646 or at mshambour@duluthosb.org.

EUCCHARISTIC ADORATION AT ST. AGNES—Adorers are needed for Tuesdays from 10-11 a.m. and 4-5 p.m. beginning February 1st until the snowbirds come back and 9 to 10 p.m. for February 23, March 2, 9, and 16. We really need your help during the Winter months, and you'll enjoy that special hour in the company.

To sign up, call Beth Bohannon at 547-0481 or c: 218-330-4684. In case of inclement weather, the Adoration Chapel will close if the schools close.

A First Aid Refresher Class will be held March 8th, at the Senior Center in Hackensack, from 10:00 a.m. to 2:30 p.m. It is a refresher course on what to do in an emergency after you have dialed 911 and are waiting for help to arrive. The course is free, along with coffee, snacks and lunch, compliments of the Hackensack Lions.

Call Terry Bergstrom at 675-6105, Berna Miller at 675-6137 or Mike Bohannon at 675-5173, to pre-register for a great class. Space is limited so call early!

Living Well Workshop

**Wednesdays 1-3:30 pm. March 31-May 5, 2010
Walker Area Community Center**

FREE workshop that includes a manual and relaxation tape or CD. Open to all persons; you don't need to be a Merit Care patient. You must attend all sessions to get maximum benefits. Pre-registration is required to attend. Call : 1-877-234-4240.

VOLUNTEERS NEEDED—The Sunday Fellowship Coffee Servers are always looking for more helpers. You do not need any experience. You do not have to bake. You will be called on only a few times (3-4) during the year depending on the number of servers who volunteer. If you are willing to serve coffee and donuts after the 10 o'clock Mass on Sundays please sign up on the list on the bulletin board in the Narthex. For questions, please contact Rich and Gerri Majcin at 224-2655, or rgmajcin@paulbunyan.net.

LOVING NATURALLY: Natural Family Planning of the Brainerd Lakes Area free introductory sessions are on Tuesday, February 16th at 6 p.m. at St Joseph's Medical Center in Brainerd and on Tuesday, February 23rd at 6 p.m. at the Cashen Enrichment Center in Crosby. Free introductory classes are also offered at St Alice Church in Pequot Lakes by appointment. Registration is required. Individual sessions may also be scheduled. For more information or to register please contact the NFP Office at 218-829-2861 Ext 6217 or www.brainerdnfp.org

RESIDENTS AT GOLDEN LIVING CENTER IN WALKER APPRECIATE VISITS—A one to two hour commitment per month would include bringing the Eucharist. Call the parish office at 547-1054 if you desire to help with this ministry.